



Circle of Care Support Group



COOSA VALLEY
MEDICAL CENTER

Circle of Care

When loved ones suffer from dementia, depression or other health issues, caring for them can seem overwhelming. You don't have to face it alone—the Circle of Care Support Group is here for you. Sponsored by Coosa Valley Medical Center, Circle of Care provides practical help and emotional comfort by connecting you with others who share the same challenges you're facing.

Strength in Numbers—

Circle of Care brings individuals and families together for mutual support in a caring, compassionate setting.

Helpful Assistance—

Learn about valuable community resources, including Meals on Wheels, public transportation, senior citizens' centers and CVMC's Senior Health Behavioral Center and Intensive Outpatient Behavioral Clinic.

Learning From Others—

By sharing experiences and making connections, you'll learn useful coping skills and benefit from timely encouragement.

Our Mission Statement

Created for families, Circle of Care strives to empower families who are coping with the diagnosis of dementia and other related disorders. Through the provision of knowledge of community resources, the opportunity of a caring, supportive environment, and the availability of education, we hope to help individuals and their loved ones maintain the highest quality of life possible.

Join Our Circle

For more information about the Circle of Care Support Group, call CVMC's Senior Behavioral Inpatient and Outpatient Program at **(256) 401-4674**. The Circle of Care Support Group will meet the 1st Monday of each month at 6:00 p.m. at CVMC in the Family Room located on 2 North. Light refreshments will be served.